



# Pediatric Health History Form

Newborn to 12 years of age

Adjusted For Life Family Chiropractic • 105 S. Jefferson, Ste B3•Kearney, MO 64465

## ABOUT THE CHILD

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Gender  M  F Height \_\_\_\_\_ Weight \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Names and Ages of Siblings \_\_\_\_\_

Parent A	Parent B
Name _____	Name _____
Phone (_____) _____ Carrier _____	Phone (_____) _____ Carrier _____
Employer _____	Employer _____
E-mail _____	E-mail _____

Whom may we thank for referring you to our office? \_\_\_\_\_

## REASON FOR SEEKING CHIROPRACTIC CARE

What concerns do you feel Adjusted For Life Family Chiropractic can address for your child? \_\_\_\_\_

Related to:  Sports  Auto  Fall  Chronic  Home Injury  Other \_\_\_\_\_

Please describe how these concerns are affecting your child's quality of life. \_\_\_\_\_

- Check all that apply
- School
  - Exercise/Sports
  - Walking
  - Playing
  - Sleep
  - Attention/Focus
  - Communication
  - Eating
  - Daily Routine

## EXPECTATIONS OF CARE

I would like my child to experience the following benefits from Chiropractic Care:

- Check all that apply
- Symptomatic relief of pain or discomfort
  - Correction of the cause of the problem as well as relief of symptoms
  - Prevention of future problems
  - Healthier spine and nervous system
  - Optimal health on all levels
  - OTHER \_\_\_\_\_



The primary system in the body which coordinates health and controls function is the NERVOUS SYSTEM. The vertebrae (bones of the spinal column) surround and protect the delicate NERVE SYSTEM. Misalignments to the SPINE causing interference in the NERVOUS SYSTEM is a condition called VERTEBRAL SUBLUXATION. VERTEBRAL SUBLUXATION results in a reduction of optimal health.

**Vertebral Subluxations can have Physical, Emotional and Chemical causes and effects.** The information below will help us to see the types of **PHYSICAL, EMOTIONAL & CHEMICAL** stresses your child has been subjected to, how they may relate to his/her present spinal, nerve and health status and whether they may have caused **Vertebral Subluxations** to occur.

**PREGNANCY & BIRTH**

During pregnancy, did the mother:

- Experience any significant illnesses, difficulties, or trauma? \_\_\_\_\_
- Take any drugs/medications? \_\_\_\_\_
- Smoke or consume alcohol? \_\_\_\_\_

Type of Birth:

- Home birth
- Hospital birth
- Vaginal
- Water birth
- Caesarean

Was the delivery premature?  No  Yes Weeks \_\_\_\_\_ Weight \_\_\_\_\_

Approximately how long did labor last? \_\_\_\_\_ hours

Was labor artificially induced?  No  Yes \_\_\_\_\_

Was it determined that the child was breech or otherwise malpositioned?  No  Yes \_\_\_\_\_

The birth process can be traumatic to a baby’s spine and cause interference to the nervous system. Please check which, if any, of the following were administered during labor and birth.

- Epidural
- Forceps
- Vacuum
- Medications \_\_\_\_\_
- Pitocin
- Episiotomy
- Manual traction of the neck

Please check all that apply to the baby’s status immediately after birth:

- Jaundice
- Respiratory problems
- Broken bones \_\_\_\_\_
- Feeding problem
- Displaced joints
- Other conditions \_\_\_\_\_

APGAR Score \_\_\_\_\_

Was/is the baby breastfed?  No  Yes For how long? \_\_\_\_\_

**HEALTH CARE PRACTITIONER HISTORY**

Has your child ever received chiropractic care?  Y  N Name of D.C. \_\_\_\_\_

Reason \_\_\_\_\_ How long? \_\_\_\_\_ Date of last visit \_\_\_\_\_

Why was care stopped? \_\_\_\_\_

Have you consulted or do you regularly consult any of the following providers for your child?

- Check all that apply  Medical Physician
- Naturopath
- Acupuncturist
- Homeopath
- Massage Therapist
- Psychotherapist
- Energy Healer
- Other



## CHEMICAL STRESS

Chemical stress can occur when a substance, that is toxic to the body is breathed, injected, taken by mouth, or comes into contact with the skin. The following will reveal exposures your child may have experienced.

Have you chosen to vaccinate your child?  No  Yes.

If yes, please check all vaccinations the child has received and at what age they were administered:

- DPT \_\_\_\_\_
- Polio \_\_\_\_\_
- Hepatitis \_\_\_\_\_
- MMR \_\_\_\_\_
- Chicken Pox \_\_\_\_\_
- Flu \_\_\_\_\_
- Other \_\_\_\_\_

Please describe any and all reactions to vaccine(s) \_\_\_\_\_

Please check all that apply and give any necessary details:

- Child exposed to second hand smoke \_\_\_\_\_
- Has taken antibiotics \_\_\_\_\_
- Currently taking medication \_\_\_\_\_
- Currently taking supplements \_\_\_\_\_
- Has allergies \_\_\_\_\_
- What treatments have you used? \_\_\_\_\_

## PHYSICAL STRESS: INFANCY & CHILDHOOD

Is the reason you are seeking care related to?:  Sports  Auto  Fall  Chronic  Home Injury  Other

Please check all that apply to your child and give any necessary details:

- Uncoordinated/Accident prone \_\_\_\_\_
- Has been hospitalized \_\_\_\_\_
- Had a severe trauma \_\_\_\_\_
- Been in an automobile accident \_\_\_\_\_
- Has fractured a bone or dislocated a joint \_\_\_\_\_
- Has/had a chronic illness \_\_\_\_\_
- Has had surgery \_\_\_\_\_

What physical activities does your child participate in? \_\_\_\_\_

Did your child crawl?  Yes  No  N/A How long? \_\_\_\_\_

Issues/Abnormal patterns? Please explain \_\_\_\_\_

## EMOTIONAL STRESS

It is difficult to separate the emotional stress in our life from the physical response that often occurs. Please indicate if your child has ever or is currently experiencing any of the emotional stresses below:

- Academic pressure
- Loss of a loved one
- Bullying
- Relocation
- Lifestyle change
- Parents' divorce
- Loss of a pet
- New sibling

Does your child have difficulty interacting with schoolmates or friends?  Yes  No

Have you or anyone else noticed that your child is nervous, twitches, shakes, or exhibits rocking behavior?  Yes  No



# Financial Information

**Payment in full is expected on all FIRST VISIT services.** All other fees are to be paid at time of service until other arrangements have been made and agreed upon in writing.

Please indicate your method of payment.     Cash     Check     Credit Card

**First Visit Fees: Comprehensive Exam: \$65**

## INSURANCE INFORMATION

Insurance coverage varies greatly. We cannot predict whether your policy will cover the services we provide in our office. Your health is our top priority and for this reason we are a direct pay office. A superbill is available upon request for your submission to insurance for reimbursement. Please let us know if you would like that document prepared.

Are you seeking care relating to an Auto Accident or a Work-Related Injury?     Yes     No

If **yes**, please provide us with the following information:

Have you been treated elsewhere?     Yes     No

If **yes**, where?     Emergency Room     Primary Care     Other \_\_\_\_\_

What services were provided?     MRI     X-Rays     Medication     Therapy

Other (details) \_\_\_\_\_

### PLEASE READ AND SIGN

1. I acknowledge that Adjusted For Life Family Chiropractic has informed me that they are not in network with and insurance providers. Therefore, they cannot guarantee that claims for any services rendered to me by Dr. Sami Stokes and/or Adjusted For Life Family Chiropractic will be reimbursed. **EXCEPTION:** Special circumstances exist for patients qualifying for Medicare which will be discussed at your consultation. Please notify our office in advance of your appointment if possible.
2. I have been informed that a copy of Adjusted For Life Family Chiropractic's "Notice of Privacy Practices for Protected Health Information (HIPAA)" policy is available for my review both in the office and on the website at [www.adjustedforlife.net](http://www.adjustedforlife.net).
3. I understand that my care is provided in an open setting and that a private room is available upon request.
4. I consent to receive communication from AFL via email, postal mail, text and telephone messaging in connection with my care.     Yes     No    If I should withdraw my consent, I will notify the office in writing.
5. I consent to my name (first name, last initial) being posted on the Referral Board when I refer a new patient to AFL.     Yes     No    If I should withdraw my consent, I will notify the office in writing.

The information I have provided on this case history form is true and accurate to the best of my knowledge. I give Dr. Sami Stokes and the staff of Adjusted For Life Family Chiropractic permission to render care to me today. This initial visit includes a health history consultation, chiropractic exam and evaluation, and any initial care that is determined to be clinically necessary and mutually agreed upon.

Child's Name: (Printed) \_\_\_\_\_

Signature of Parent (for minor): \_\_\_\_\_ Date: \_\_\_\_\_

*From the bottom of our hearts,  
Thank you for choosing Adjusted For Life Family Chiropractic.  
We look forward to serving you and your family!*